

Wentzville Parks and Recreation 2025/2026 Winter Girls Volleyball Practice Schedule

*Journey Elementary - 2000 Interstate Dr, Wentzville, MO 63385

*Progress Park - 968 Meyer Rd. Wentzville, MO 63385

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|---|---|---------------------------------|--|---------------------------------|---|---|--|
| Week 1 | Monday December 15 | | Tuesday December 16 | | Wednesday December 17 | | Thursday December 18 |
| | Journey Elementary | Progress Park | Journey Elementary | Progress Park | Journey Elementary | Progress Park | Progress Park |
| | 6:30pm - 7:20pm Stutko 11-12 Loness 11-12 | Progress Park is unavailable | 6:30pm - 7:20pm Lewis 11-12 & 13-14 Flavin 13-14 | Progress Park is unavailable | 6:30pm - 7:20pm Seideman 9-10 Pugh 11-12 | 5:30pm-6:20pm Front: Crumley 9-10 Back: Cadena 15-17 | 5:30pm-6:20pm Front:Lofdahl 9-10 & Miller 11-12 Back: Alsop 13-14 & Cohee 13-14 |
| | 7:20pm - 8:10pm Pals 9-10 & 11-12 & 13-14 | | 7:20pm - 8:10pm Brammeier 13-14 Schack 13-14 | | 7:20pm - 8:10pm Austin 11-12 Kemp 11-12 | 6:20pm-7:10pm Front: Smith 9-10 & Stoop 9-10 Back: Dotson 13-14 | 6:20pm-7:10pm Front: Walden 9-10 & McCulloch 11-12 Back: Boden 11-12 & Brown 11-12 |
| | 8:10pm - 9:00pm Adam 15-17 Null 15-17 | | 8:10pm - 9:00pm Stroisch 15-17 Shemonia 15-17 | | 8:10pm - 9:00pm Austin 15-17 Dennison 15-17 | 7:10pm-8:00pm Front: Hercules 9-10 Back: Heimburger 9-10 | 7:10pm-8:00pm Front: Parks 9-10 & 13-14 Back: Asaro 15-17 |
| | | | | | | 8:00pm-8:50pm Front: Hercules 11-12 Back: Mansour 15-17 | 8:00pm-8:50pm Front: Kuenz 13-14 & Ernst 13-14 Back: Peterson 15-17 |
| | | | | | | | |
| No Practices for weeks of December 22 and December 29 | | | | | | | |
| | | | | | | | |
| Week 2 | Monday January 5 | | Tuesday January 6 | | Wednesday January 7 | | Thursday January 8 |
| | Journey Elementary | Progress Park | Journey Elementary | Progress Park | Journey Elementary | Progress Park | Progress Park |
| | 6:30pm - 7:20pm Stutko 11-12 Loness 11-12 | Progress Park is unavailable | 6:30pm - 7:20pm Lewis 11-12 & 13-14 Flavin 13-14 | Progress Park is unavailable | 6:30pm - 7:20pm Seideman 9-10 Pugh 11-12 | 5:30pm-6:20pm Front: Crumley 9-10 Back: Cadena 15-17 | 5:30pm-6:20pm Front:Lofdahl 9-10 & Miller 11-12 Back: Alsop 13-14 & Cohee 13-14 |
| | 7:20pm - 8:10pm Pals 9-10 & 11-12 & 13-14 | | 7:20pm - 8:10pm Brammeier 13-14 Schack 13-14 | | 7:20pm - 8:10pm Austin 11-12 Kemp 11-12 | 6:20pm-7:10pm Front: Smith 9-10 & Stoop 9-10 Back: Dotson 13-14 | 6:20pm-7:10pm Front: Walden 9-10 & McCulloch 11-12 Back: Boden 11-12 & Brown 11-12 |
| | 8:10pm - 9:00pm Adam 15-17 Null 15-17 | | 8:10pm - 9:00pm Stroisch 15-17 Shemonia 15-17 | | 8:10pm - 9:00pm Austin 15-17 Dennison 15-17 | 7:10pm-8:00pm Front: Hercules 9-10 Back: Heimburger 9-10 | 7:10pm-8:00pm Front: Parks 9-10 & 13-14 Back: Asaro 15-17 |
| | | | | | | 8:00pm-8:50pm Front: Hercules 11-12 Back: Mansour 15-17 | 8:00pm-8:50pm Front: Kuenz 13-14 & Ernst 13-14 Back: Peterson 15-17 |

| Week 3 | Monday January 12 | | Tuesday January 13 | | Wednesday January 14 | | Thursday January 15 |
|--------|---|---------------------------------|---|---------------------------------|--|--|--|
| | Journey Elementary | Progress Park | Journey Elementary | Progress Park | Journey Elementary | Progress Park | Progress Park |
| | 6:30pm - 7:20pm Stutko 11-12 Lonest 11-12 | Progress Park is unavailble | 6:30pm - 7:20pm Lewis 11-12 & 13-14 Flavin 13-14 | Progress Park is unavailble | 6:30pm - 7:20pm Seideman 9-10 Pugh 11-12 | 5:30pm-6:20pm Front: Crumley 9-10 Back: Cadena 15-17 | 5:30pm-6:20pm Front:Lofdahl 9-10 & Miller 11-12 Back: Alsop 13-14 & Cohee 13-14 |
| | 7:20pm - 8:10pm Pals 9-10 & 11-12 & 13-14 | | 7:20pm - 8:10pm Brammeier 13-14 Schack 13-14 | | 7:20pm - 8:10pm Austin 11-12 Kemp 11-12 | 6:20pm-7:10pm Front: Smith 9-10 & Stoop 9-10 Back: Dotson 13-14 | 6:20pm-7:10pm Front: Walden 9-10 & McCulloch 11-12 Back: Boden 11-12 & Brown 11-12 |
| | 8:10pm - 9:00pm Adam 15-17 Null 15-17 | | 8:10pm - 9:00pm Stroisch 15-17 Shemonia 15-17 | | 8:10pm - 9:00pm Austin 15-17 Dennison 15-17 | 7:10pm-8:00pm Front: Hercules 9-10 Back: Heimbürger 9-10 | 7:10pm-8:00pm Front: Parks 9-10 & 13-14 Back: Asaro 15-17 |
| | | | | | 8:00pm-8:50pm Front: Hercules 11-12 Back: Mansour 15-17 | 8:00pm-8:50pm Front: Kuenz 13-14 & Ernst 13-14 Back: Peterson 15-17 | |
| | | | | | | | |
| Week 4 | Monday January 19 | | Tuesday January 20 | | Wednesday January 21 | | Thursday January 22 |
| | Journey Elementary | Progress Park | Journey Elementary | Progress Park | Journey Elementary | Progress Park | Progress Park |
| | Journey Elementary is unavailable | Progress Park is unavailable | 6:30pm - 7:20pm Lewis 11-12 & 13-14 Flavin 13-14 | Progress Park is unavailable | 6:30pm - 7:20pm Seideman 9-10 Pugh 11-12 & Kemp 11-12 | 5:30pm-6:20pm Front: Crumley 9-10 Back: Cadena 15-17 | 5:30pm-6:20pm Front: Lofdahl 9-10 & Miller 11-12 Back: Alsop 13-14 & Cohee 13-14 |
| | | | 7:20pm - 8:10pm Brammeier 13-14 Schack 13-14 & Lonest 11-12 | | 7:20pm - 8:10pm Pals 9-10 & 11-12 & 13-14 | 6:20pm-7:10pm Front: Smith 9-10 & Stoop 9-10 Back: Dotson 13-14 | 6:20pm-7:10pm Front: Walden 9-10 & McCulloch 11-12 Back: Boden 11-12 & Brown 11-12 |
| | | | 8:10pm - 9:00pm Stroisch 15-17 Shemonia 15-17 | | 8:10pm - 9:00pm Austin 15-17 & Austin 11-12 Dennison 15-17 | 7:10pm-8:00pm Front: Hercules 9-10 Back: Heimbürger 9-10 | 7:10pm-8:00pm Front: Parks 9-10 & 13-14 Back: Asaro 15-17 & Adam 15-17 |
| | | | | | | 8:00pm-8:50pm Front: Hercules 11-12 & Stutko 11-12 Back: Mansour 15-17 | 8:00pm-8:50pm Front: Kuenz 13-14 & Ernst 13-14 Back: Peterson 15-17 & Null 15-17 |
| | | | | | | | |
| Week 5 | Monday January 26 | | Tuesday January 27 | | Wednesday January 28 | | Thursday January 29 |
| | Journey Elementary | Progress Park | Journey Elementary | Progress Park | Journey Elementary | Progress Park | Progress Park |
| | 6:30pm - 7:20pm Stutko 11-12 Lonest 11-12 | Progress Park is unavailable | 6:30pm - 7:20pm Lewis 11-12 & 13-14 Flavin 13-14 | Progress Park is unavailable | 6:30pm - 7:20pm Seideman 9-10 Pugh 11-12 | 5:30pm-6:20pm Front: Crumley 9-10 Back: Cadena 15-17 | 5:30pm-6:20pm Front:Lofdahl 9-10 & Miller 11-12 Back: Alsop 13-14 & Cohee 13-14 |
| | 7:20pm - 8:10pm Pals 9-10 & 11-12 & 13-14 | | 7:20pm - 8:10pm Brammeier 13-14 Schack 13-14 | | 7:20pm - 8:10pm Austin 11-12 Kemp 11-12 | 6:20pm-7:10pm Front: Smith 9-10 & Stoop 9-10 Back: Dotson 13-14 | 6:20pm-7:10pm Front: Walden 9-10 & McCulloch 11-12 Back: Boden 11-12 & Brown 11-12 |
| | 8:10pm - 9:00pm Adam 15-17 Null 15-17 | | 8:10pm - 9:00pm Stroisch 15-17 Shemonia 15-17 | | 8:10pm - 9:00pm Austin 15-17 Dennison 15-17 | 7:10pm-8:00pm Front: Hercules 9-10 Back: Heimbürger 9-10 | 7:10pm-8:00pm Front: Parks 9-10 & 13-14 Back: Asaro 15-17 |
| | | | | | 8:00pm-8:50pm Front: Hercules 11-12 Back: Mansour 15-17 | 8:00pm-8:50pm Front: Kuenz 13-14 & Ernst 13-14 Back: Peterson 15-17 | |

| Week 6 | Monday February 2 | | Tuesday February 3 | | Wednesday February 4 | | Thursday February 5 |
|--------|---|---------------------------------|--|---------------------------------|---|---|--|
| | Journey Elementary | Progress Park | Journey Elementary | Progress Park | Journey Elementary | Progress Park | Progress Park |
| | 6:30pm - 7:20pm Stutko 11-12 Loness 11-12 | Progress Park is unavallible | 6:30pm - 7:20pm Lewis 11-12 & 13-14 Flavin 13-14 | Progress Park is unavallible | 6:30pm - 7:20pm Seideman 9-10 Pugh 11-12 | 5:30pm-6:20pm Front: Crumley 9-10 Back: Cadena 15-17 | 5:30pm-6:20pm Front:Lofdahl 9-10 & Miller 11-12 Back: Alsop 13-14 & Cohee 13-14 |
| | 7:20pm - 8:10pm Pals 9-10 & 11-12 & 13-14 | | 7:20pm - 8:10pm Brammeier 13-14 Schack 13-14 | | 7:20pm - 8:10pm Austin 11-12 Kemp 11-12 | 6:20pm-7:10pm Front: Smith 9-10 & Stoop 9-10 Back: Dotson 13-14 | 6:20pm-7:10pm Front: Walden 9-10 & McCulloch 11-12 Back: Boden 11-12 & Brown 11-12 |
| | 8:10pm - 9:00pm Adam 15-17 Null 15-17 | | 8:10pm - 9:00pm Stroisch 15-17 Shemonia 15-17 | | 8:10pm - 9:00pm Austin 15-17 Dennison 15-17 | 7:10pm-8:00pm Front: Hercules 9-10 Back: Heimburger 9-10 | 7:10pm-8:00pm Front: Parks 9-10 & 13-14 Back: Asaro 15-17 |
| | | | | | | 8:00pm-8:50pm Front: Hercules 11-12 Back: Mansour 15-17 | 8:00pm-8:50pm Front: Kuenz 13-14 & Ernst 13-14 Back: Peterson 15-17 |
| | | | | | | | |
| Week 7 | Monday, February 9 | | Tuesday February 10 | | Wednesday February 11 | | Thursday February 12 |
| | Journey Elementary | Progress Park | Journey Elementary | Progress Park | Journey Elementary | Progress Park | Progress Park |
| | 6:30pm - 7:20pm Stutko 11-12 Loness 11-12 | Progress Park is unavallible | 6:30pm - 7:20pm Lewis 11-12 & 13-14 Flavin 13-14 | Progress Park is unavallible | 6:30pm - 7:20pm Seideman 9-10 Pugh 11-12 | 5:30pm-6:20pm Front: Crumley 9-10 Back: Cadena 15-17 | 5:30pm-6:20pm Front:Lofdahl 9-10 & Miller 11-12 Back: Alsop 13-14 & Cohee 13-14 |
| | 7:20pm - 8:10pm Pals 9-10 & 11-12 & 13-14 | | 7:20pm - 8:10pm Brammeier 13-14 Schack 13-14 | | 7:20pm - 8:10pm Austin 11-12 Kemp 11-12 | 6:20pm-7:10pm Front: Smith 9-10 & Stoop 9-10 Back: Dotson 13-14 | 6:20pm-7:10pm Front: Walden 9-10 & McCulloch 11-12 Back: Boden 11-12 & Brown 11-12 |
| | 8:10pm - 9:00pm Adam 15-17 Null 15-17 | | 8:10pm - 9:00pm Stroisch 15-17 Shemonia 15-17 | | 8:10pm - 9:00pm Austin 15-17 Dennison 15-17 | 7:10pm-8:00pm Front: Hercules 9-10 Back: Heimburger 9-10 | 7:10pm-8:00pm Front: Parks 9-10 & 13-14 Back: Asaro 15-17 |
| | | | | | | 8:00pm-8:50pm Front: Hercules 11-12 Back: Mansour 15-17 | 8:00pm-8:50pm Front: Kuenz 13-14 & Ernst 13-14 Back: Peterson 15-17 |
| | | | | | | | |
| Week 8 | No Practices for week of February 16 | | | | | | |

| Week 9 | Monday, February 23 | | Tuesday February 24 | | Wednesday February 25 | | Thursday February 26 |
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| | Journey Elementary | Progress Park | Journey Elementary | Progress Park | Journey Elementary | Progress Park | Progress Park |
| | 6:30pm - 7:20pm | 5:30pm-6:20pm Front: | 6:30pm - 7:20pm | 5:30pm-6:20pm Front: | 6:30pm - 7:20pm | Progress Park is Unavailable | 5:30pm-6:20pm Front: |
| | 7:20pm - 8:10pm | 6:20pm-7:10pm Front: | 7:20pm - 8:10pm | 6:20pm-7:10pm Front: | 7:20pm - 8:10pm | 6:20pm-7:10pm Front: | 6:20pm-7:10pm Front: |
| | 8:10pm - 9:00pm | 7:10pm-8:00pm Front: | 8:10pm - 9:00pm | 7:30pm-8:20p Front: Back: | 8:10pm - 9:00pm | 7:30pm-8:20p Front: Back: | 7:30pm-8:20p Front: Back: |
| | | 8:20pm - 9:10pm Front: Back: | | 8:20pm - 9:10pm Front: Back: | | 8:20pm - 9:10pm Front: Back: | 8:20pm - 9:10pm Front: Back: |