

Wentzville Parks and Recreation
2025/2026 Winter Girls Volleyball Practice Schedule

*Journey Elementary - 2000 Interstate Dr, Wentzville, MO 63385

*Progress Park - 968 Meyer Rd. Wentzville, MO 63385

	Monday December 15		Tuesday December 16		Wednesday December 17		Thursday December 18
	Journey Elementary	Progress Park	Journey Elementary	Progress Park	Journey Elementary	Progress Park	Progress Park
Week 1	6:30pm - 7:20pm Stutko 11-12 Lones 11-12	Progress Park is unavailable	6:30pm - 7:20pm Lewis 11-12 & 13-14 Flavin 13-14	Progress Park is unavailable	6:30pm - 7:20pm Seideman 9-10 Pugh 11-12	5:30pm-6:20pm Front: Crumley 9-10 Back: Cadena 15-17	5:30pm-6:20pm Front: Lofdahl 9-10 & Miller 11-12 Back: Alsop 13-14 & Cohee 13-14
	7:20pm - 8:10pm Pals 9-10 & 11-12 & 13-14		7:20pm - 8:10pm Brammeier 13-14 Schack 13-14		7:20pm - 8:10pm Austin 11-12 Kemp 11-12	6:20pm-7:10pm Front: Smith 9-10 & Stoop 9-10 Back: Dotson 13-14	6:20pm-7:10pm Front: Walden 9-10 & McCulloch 11-12 Back: Boden 11-12 & Brown 11-12
	8:10pm - 9:00pm Adam 15-17 Null 15-17		8:10pm - 9:00pm Stroisch 15-17 Shemonia 15-17		8:10pm - 9:00pm Austin 15-17 Dennison 15-17	7:10pm-8:00pm Front: Hercules 9-10 Back: Heimburger 9-10	7:10pm-8:00pm Front: Parks 9-10 & 13-14 Back: Asaro 15-17
						8:00pm-8:50pm Front: Hercules 11-12 Back: Mansour 15-17	8:00pm-8:50pm Front: Kuenz 13-14 & Ernst 13-14 Back: Peterson 15-17

No Practices for weeks of December 22 and December 29

	Monday January 5		Tuesday January 6		Wednesday January 7		Thursday January 8
	Journey Elementary	Progress Park	Journey Elementary	Progress Park	Journey Elementary	Progress Park	Progress Park
Week 2	6:30pm - 7:20pm Stutko 11-12 Lones 11-12	Progress Park is unavailable	6:30pm - 7:20pm Lewis 11-12 & 13-14 Flavin 13-14	Progress Park is unavailable	6:30pm - 7:20pm Seideman 9-10 Pugh 11-12	5:30pm-6:20pm Front: Crumley 9-10 Back: Cadena 15-17	5:30pm-6:20pm Front: Lofdahl 9-10 & Miller 11-12 Back: Alsop 13-14 & Cohee 13-14
	7:20pm - 8:10pm Pals 9-10 & 11-12 & 13-14		7:20pm - 8:10pm Brammeier 13-14 Schack 13-14		7:20pm - 8:10pm Austin 11-12 Kemp 11-12	6:20pm-7:10pm Front: Smith 9-10 & Stoop 9-10 Back: Dotson 13-14	6:20pm-7:10pm Front: Walden 9-10 & McCulloch 11-12 Back: Boden 11-12 & Brown 11-12
	8:10pm - 9:00pm Adam 15-17 Null 15-17		8:10pm - 9:00pm Stroisch 15-17 Shemonia 15-17		8:10pm - 9:00pm Austin 15-17 Dennison 15-17	7:10pm-8:00pm Front: Hercules 9-10 Back: Heimburger 9-10	7:10pm-8:00pm Front: Parks 9-10 & 13-14 Back: Asaro 15-17
						8:00pm-8:50pm Front: Hercules 11-12 Back: Mansour 15-17	8:00pm-8:50pm Front: Kuenz 13-14 & Ernst 13-14 Back: Peterson 15-17

		Monday January 12		Tuesday January 13		Wednesday January 14		Thursday January 15		
		Journey Elementary	Progress Park	Journey Elementary	Progress Park	Journey Elementary	Progress Park	Progress Park		
Week 3		6:30pm - 7:20pm Stutko 11-12 Lones 11-12	Progress Park is unavailable	6:30pm - 7:20pm Lewis 11-12 & 13-14 Flavin 13-14	Progress Park is unavailable	6:30pm - 7:20pm Seideman 9-10 Pugh 11-12	5:30pm-6:20pm Front: Crumley 9-10 Back: Cadena 15-17	5:30pm-6:20pm Front: Lofdahl 9-10 & Miller 11-12 Back: Alsop 13-14 & Cohee 13-14		
		7:20pm - 8:10pm Pals 9-10 & 11-12 & 13-14		7:20pm - 8:10pm Brammeier 13-14 Schack 13-14		7:20pm - 8:10pm Austin 11-12 Kemp 11-12	6:20pm-7:10pm Front: Smith 9-10 & Stoop 9-10 Back: Dotson 13-14	6:20pm-7:10pm Front: Walden 9-10 & McCulloch 11-12 Back: Boden 11-12 & Brown 11-12		
		8:10pm - 9:00pm Adam 15-17 Null 15-17		8:10pm - 9:00pm Stroisch 15-17 Shemonia 15-17		8:10pm - 9:00pm Austin 15-17 Dennison 15-17	7:10pm-8:00pm Front: Hercules 9-10 Back: Heimburger 9-10	7:10pm-8:00pm Front: Parks 9-10 & 13-14 Back: Asaro 15-17		
							8:00pm-8:50pm Front: Hercules 11-12 Back: Mansour 15-17	8:00pm-8:50pm Front: Kuenz 13-14 & Ernst 13-14 Back: Peterson 15-17		
		Monday January 19		Tuesday January 20		Wednesday January 21		Thursday January 22		
		Journey Elementary	Progress Park	Journey Elementary	Progress Park	Journey Elementary	Progress Park	Progress Park		
Week 4		Journey Elementary is unavailable	Progress Park is unavailable	6:30pm - 7:20pm Lewis 11-12 & 13-14 Flavin 13-14	Progress Park is unavailable	6:30pm - 7:20pm Seideman 9-10 Pugh 11-12 & Kemp 11-12	5:30pm-6:20pm Front: Crumley 9-10 Back: Cadena 15-17	5:30pm-6:20pm Front: Lofdahl 9-10 & Miller 11-12 Back: Alsop 13-14 & Cohee 13-14		
				7:20pm - 8:10pm Brammeier 13-14 Schack 13-14 & Lones 11-12		7:20pm - 8:10pm Pals 9-10 & 11-12 & 13-14	6:20pm-7:10pm Front: Smith 9-10 & Stoop 9-10 Back: Dotson 13-14	6:20pm-7:10pm Front: Walden 9-10 & McCulloch 11-12 Back: Boden 11-12 & Brown 11-12		
				8:10pm - 9:00pm Stroisch 15-17 Shemonia 15-17		8:10pm - 9:00pm Austin 15-17 & Austin 11-12 Dennison 15-17	7:10pm-8:00pm Front: Hercules 9-10 Back: Heimburger 9-10	7:10pm-8:00pm Front: Parks 9-10 & 13-14 Back: Asaro 15-17 & Adam 15-17		
							8:00pm-8:50pm Front: Hercules 11-12 & Stutko 11-12 Back: Mansour 15-17	8:00pm-8:50pm Front: Kuenz 13-14 & Ernst 13-14 Back: Peterson 15-17 & Null 15-17		
		Monday January 26		Tuesday January 27		Wednesday January 28		Thursday January 29		
		Journey Elementary	Progress Park	Journey Elementary	Progress Park	Journey Elementary	Progress Park	Progress Park		
Week 5		6:30pm - 7:20pm Stutko 11-12 Lones 11-12	Progress Park is unavailable	6:30pm - 7:20pm Lewis 11-12 & 13-14 Flavin 13-14	Progress Park is unavailable	6:30pm - 7:20pm Seideman 9-10 Pugh 11-12	5:30pm-6:20pm Front: Crumley 9-10 Back: Cadena 15-17	5:30pm-6:20pm Front: Lofdahl 9-10 & Miller 11-12 Back: Alsop 13-14 & Cohee 13-14		
		7:20pm - 8:10pm Pals 9-10 & 11-12 & 13-14		7:20pm - 8:10pm Brammeier 13-14 Schack 13-14		7:20pm - 8:10pm Austin 11-12 Kemp 11-12	6:20pm-7:10pm Front: Smith 9-10 & Stoop 9-10 Back: Dotson 13-14	6:20pm-7:10pm Front: Walden 9-10 & McCulloch 11-12 Back: Boden 11-12 & Brown 11-12		
		8:10pm - 9:00pm Adam 15-17 Null 15-17		8:10pm - 9:00pm Stroisch 15-17 Shemonia 15-17		8:10pm - 9:00pm Austin 15-17 Dennison 15-17	7:10pm-8:00pm Front: Hercules 9-10 Back: Heimburger 9-10	7:10pm-8:00pm Front: Parks 9-10 & 13-14 Back: Asaro 15-17		
							8:00pm-8:50pm Front: Hercules 11-12 Back: Mansour 15-17	8:00pm-8:50pm Front: Kuenz 13-14 & Ernst 13-14 Back: Peterson 15-17		

Week 9	Monday, February 23		Tuesday February 24		Wednesday February 25		Thursday February 26
	Journey Elementary	Progress Park	Journey Elementary	Progress Park	Journey Elementary	Progress Park	Progress Park
	6:30pm - 7:20pm	5:30pm-6:20pm Front:	6:30pm - 7:20pm	5:30pm-6:20pm Front:	6:30pm - 7:20pm	Progress Park is Unavailable	5:30pm-6:20pm Front:
	7:20pm - 8:10pm	6:20pm-7:10pm Front:	7:20pm - 8:10pm	6:20pm-7:10pm Front:	7:20pm - 8:10pm	6:20pm-7:10pm Front:	6:20pm-7:10pm Front:
	8:10pm - 9:00pm	7:10pm-8:00pm Front:	8:10pm - 9:00pm	7:30pm-8:20p Front: Back:	8:10pm - 9:00pm	7:30pm-8:20p Front: Back:	7:30pm-8:20p Front: Back:
		8:20pm - 9:10pm Front: Back:		8:20pm - 9:10pm Front: Back:		8:20pm - 9:10pm Front: Back:	8:20pm - 9:10pm Front: Back: