

# Wentzville Parks and Recreation Co-Rec Volleyball House League Rules

## USVBA Rules Will Be Used Except Where Amended By House League.

1. All teams will play one match, consisting of three games. There is only a 2 minute break between games in order to keep the match times on schedule. The league scoring system is rally scoring.
2. The top four teams will make the playoffs. Seeding for the end of season tournament will be determined by win/loss record for each game. Ties will be broken by head to head results, total points head to head, total points for the season if necessary.
3. Teams must have at least 4 players with a minimum of 2 women. Teams may play with 3 men and 2 women.
4. Game time is forfeit time, for the first game of each match. If enough players have not arrived after 10 minutes, the entire match will be forfeited.
5. T-shirts will be given to the overall winner of the end of season tournament.
6. The main purpose of officiating is to achieve as fair a match as possible. Teams are expected to assist by honestly calling lines when the referee's view is obstructed. If there is a conflict in calls or any question concerning the call, the referee will direct a replay.
7. A served ball may be received with a set or bump. A served ball cannot be blocked or spiked on the serve. A served ball that is served and hits the net, but goes over, is in play.
8. Serves may be over-hand or under-hand, and the server must be in the designated area. A tossed ball for an overhand serve that is not good, can be re-tossed, if the server lets the ball hit the floor instead of catching it. One of these per serving turn.
9. If the ball comes into contact with the curtain, walls, backboards or track the following will apply:
  - a. **Walls** – Ruled out (side out or point)
  - b. **Curtain** - Ruled out (side out or point)
  - c. **Backboards, Track-** If your team hits the ball into these structures and it remains on your own playing court (and you have hits remaining), it is a live ball and should be played. If your team hits the ball into these structures and the ball goes onto the opposing teams playing court, it is a side out or point.
10. No deliberate carrying, throwing, lifting or double hitting. Official will make judgment calls.
10. **Good sportsmanship must be shown at all times by players and guests.** Rules of conduct that apply for the daily use of the facility also apply for all leagues. An individual or team may be asked to leave the court or Recreation Center if their conduct is not acceptable.
11. Referees have the discretion to eject players at any time for inappropriate behavior.

\*Players, please remember only the captain may address the referee. Captains may only question rule interpretations, not judgment calls. If the captain asks in a proper manner, the referee will explain the reason for the penalty.

12. A game is complete when a team scores 21 points (the team must win by two with a cap at 23) or is two points ahead when time runs out. There is a 50 minute time limit. During the end of season tournament, if a team wins the first two games, then the third game will not be played. If a third game is needed, the game will be complete when a team scores 15 points (the team must win by two with no cap).
13. One time out is allowed per game. If the score is 21 – 21 an additional time out will be granted.
14. Team captains will be notified of changes or cancellation of scheduled games for any reason and they are to notify the rest of their team members.
15. Team rosters must be completed and turned in to the Recreation Office before the start of your third scheduled league game.
16. Wentzville Parks and Recreation facilities (a.k.a.), the weight room and track, are for members and paying guests. League participants may not use them unless they pay the daily fees.
17. Parents are responsible for their children while in the facility. League nights are designed for adults. No child shall be allowed on the courts before, during or after games.

### **Player Eligibility**

1. Players must be 18 years of age or older with a valid identification to prove identity and age.
2. Teams may sign up no more that 12 people on a roster.
3. An individual cannot play on more than 1 team within the same league including substituting.
4. Roster changes may be made up to the third week of scheduled play. All roster changes must be made by the team captain or acting team captain at the Recreation Office.
5. Regarding the legality of a player: It is up to the team captain of the opposing team to question whether an individual on an opposing team is a legal player on that teams roster. Questions must be taken to the referee. This can be done before or during game play. If a game is completed it will be counted as a legal game. The referee must conduct an ID check of questionable player(s). No ID means that you are an illegal player.

